DISCOVER AND ADVENTURE IN OMAN

TRIP DURATION	15 Day
STARING PLACE	Muttrah
FINISHING PLACE	Muttrah
DIFFICULTY LEVEL	Level 2 Quite easy tours with easy hikes (no more than 4 hours walking and 300m height difference). These tours might include swimming but no aquatic hike nor canyoning. There is always the option, for the participants who wish it, not to do the walk; when possible, an
PRICE PER PERSON	
Number of Guests	2 3 4 5 6 7 8
Price per person in OMR Price per person in USD	1600 1200 1170 1100 960 900 840 4188 3141 3063 2880 2513 2356 2199
STAFF FOR THE TRIP	from 1 to 3 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 15 1 Driver from Day 7 to 15 from 4 to 4 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 15 1 Driver from Day 7 to 15 from 5 to 8 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 15 1 Driver from Day 1 to 15
	Cooking during bivouacs is performed by the whole team
TRANSPORTATION	from 1 to 3 Guests
For transfers mentioned in the program	1 4WD Car from Day 1 to 15 from 4 to 4 Guests 1 4WD Car from Day 1 to 15 1 4WD Car from Day 7 to 15 from 5 to 8 Guests 2 4WD Car from Day 1 to 15
PRICES INCLUDE	Transportations mentioned above
	All excursions and entrance fees mentioned in the program Breakfast on days
PRICES DON'T INCLUDE	Personal Expenses
	Drinks between meals Breakfast on days
WHAT YOU HAVE TO BRING	Personal first aid Sun protection and insect repellent Sandals Sleeping Bag Headlight Toilet paper Light clothes Warmer clothes (jacket and trousers) Hiking boots and socks Walking sticks (optional : it can help you on some itineraries) Hiking bag (20-30L) Swimming suit (and maybe shoes to go to the water if you don't like walking on rocks) Snorkel equipment (snorkel, mask, and fins) We can provide you snorkel and masks, but no fins
ADVICE FOR TREKKERS	Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are experimented mountainer, or you are specially at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to se wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.
ADVICE ABOUT THE GOOD WAY OF CLOTHING	Oman is a muslim country in which islam is strict but very open-mined and tolerant. You'll never see a Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN: bring trousers or short trousers and t-shirts covering shoulders, as well as a shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN: bring trousers or long shorts. FOR ALL: bring a pareo or big towell to change your clother since nudity is not admitted tatoos should also be covered.